

# Callahan's Karate

## September-June Schedule

Class schedule -- effective date --August 31, 2015

Class running times: Little Dragons 30 minutes

Kids White - Junior Black 40 Minutes, Teens & Adults -1 Hour Note:

Kids BBC (Under Jr. Black Belt) 10 minutes after each class Kids

Masters Club (Jr. Black Belts Only) 10 minutes after each class

Teens & Adults BBC - Two One hour classes per month

781-275-1199

[www.callahanskarate.com](http://www.callahanskarate.com)

	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
Little Dragons -- White-Yellow- Orange	4:00	5:30	4:00	5:30	4:00	10:10
Little Dragons -- Purple and above	5:30	4:00	5:30	4:00	5:30	9:00
Kids Basic White	4:30	6:00	3:50	6:00	4:30	9:30
Kids Beginner Yellow/Orange	4:20	5:10	4:30 6:10	5:10	4:20	8:30
Kids Intermediate Purple/Blue	5:10	4:20	6:10	4:20	5:10	9:20
Kids Advanced Green/Brown	6:00	3:30	5:20	3:30	6:00	10:10
Kids Jr. Black	3:30	6:00	4:40	6:00	3:30	11:00
Teen & Adults Open Belt	7:00	11:30 7:30	7:00	11:30	7:00	12:30
1st Degree Black & up Only				7:30		
Leadership		6:50		6:50		11:50